

VENTUS

Equalization Trainer

USER MANUAL

Emperor Apnea

Introduction

Ventus is an equalization training tool designed to help divers practice and master the Frenzel maneuver and other diving equalization techniques in a controlled, repeatable way. Its one-handed geometry is designed to help create a secure seal at the nostril while leaving the index finger free to close the opposite nostril.

Important safety information

- Ventus is a training product. It is not a toy and it is not a medical device.
- Ventus should not be handled or used by children. Keep the device and balloons out of reach of children.
- Use Ventus only for its intended equalization-training purpose and follow the instructions in this manual.
- Never force equalization. Stop immediately if you experience pain, significant discomfort, dizziness, bleeding, or unusual symptoms.

One-hand technique

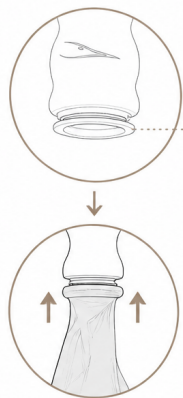
For the right nostril, use the right hand: the thumb holds Ventus against the right nostril while the index finger closes the left nostril. Mirror the technique for the left nostril.

STEP 1 - INSTALL THE BALLOON

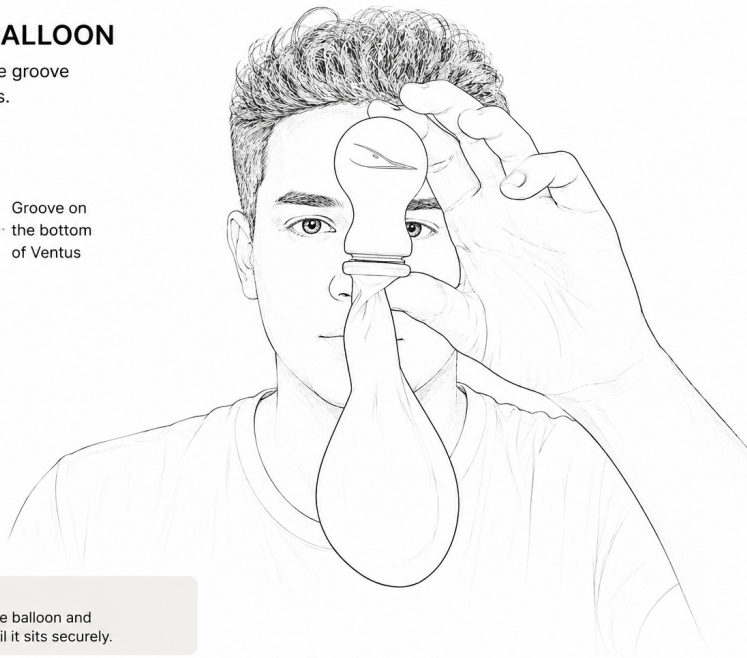
Use the illustrations below to confirm the balloon is seated securely in the bottom groove.

1 INSTALL THE BALLOON

Attach the balloon to the groove on the bottom of Ventus.



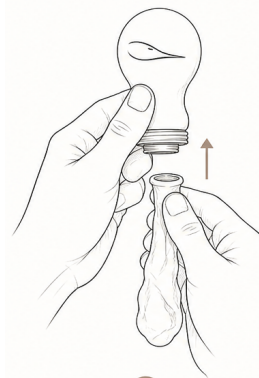
Groove on the bottom of Ventus



TIP

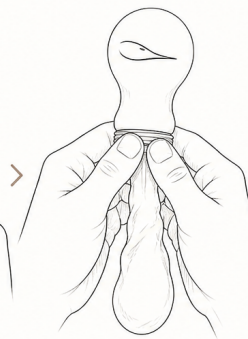
Stretch the opening of the balloon and roll it over the groove until it sits securely.

1 INSTALL THE BALLOON



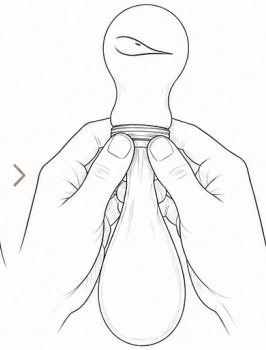
1

Stretch the opening of the balloon. Align it with the bottom nozzle.



2

Push the balloon firmly onto the nozzle until it is secure.



3

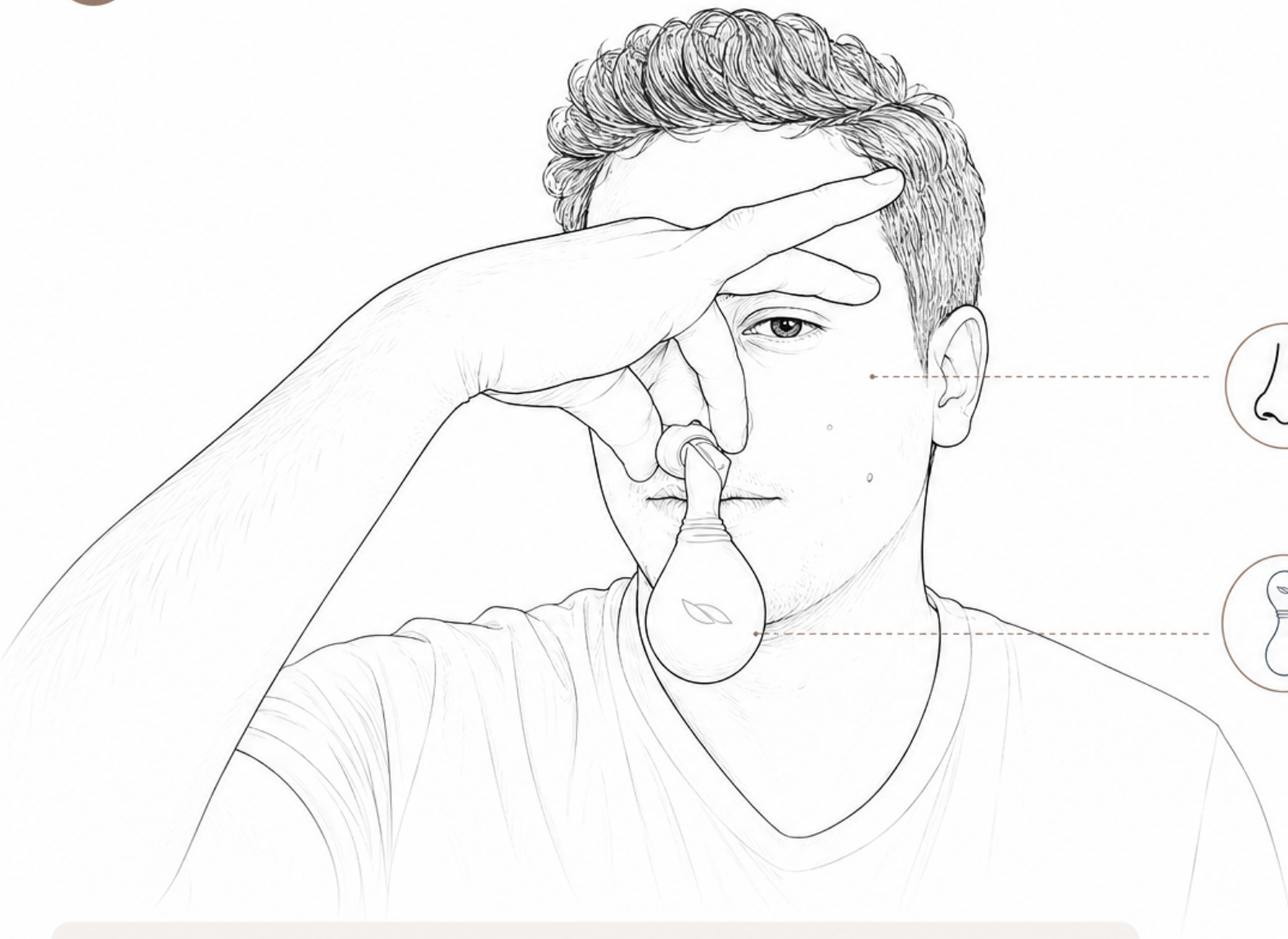
Ensure the balloon is sealed correctly and not twisted.



4

Balloon installed correctly.

2 RIGHT NOSTRIL – USE RIGHT HAND



Use your **index finger** to close your **left nostril**.



Hold the device with your right hand. Place your **thumb** on the front of Ventus and press it gently against your **right nostril** to form a seal.



TIP

Keep the device upright and create a gentle seal.
Exhale slowly and steadily through your nose to inflate the balloon.

3 INFLATE THE BALLOON

Blow steadily through your right nostril to inflate the balloon inside Ventus.



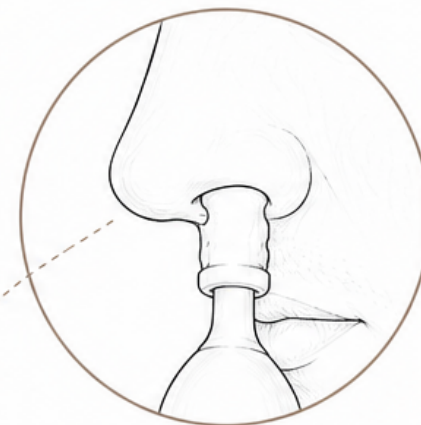
Blow through your **right nostril**.



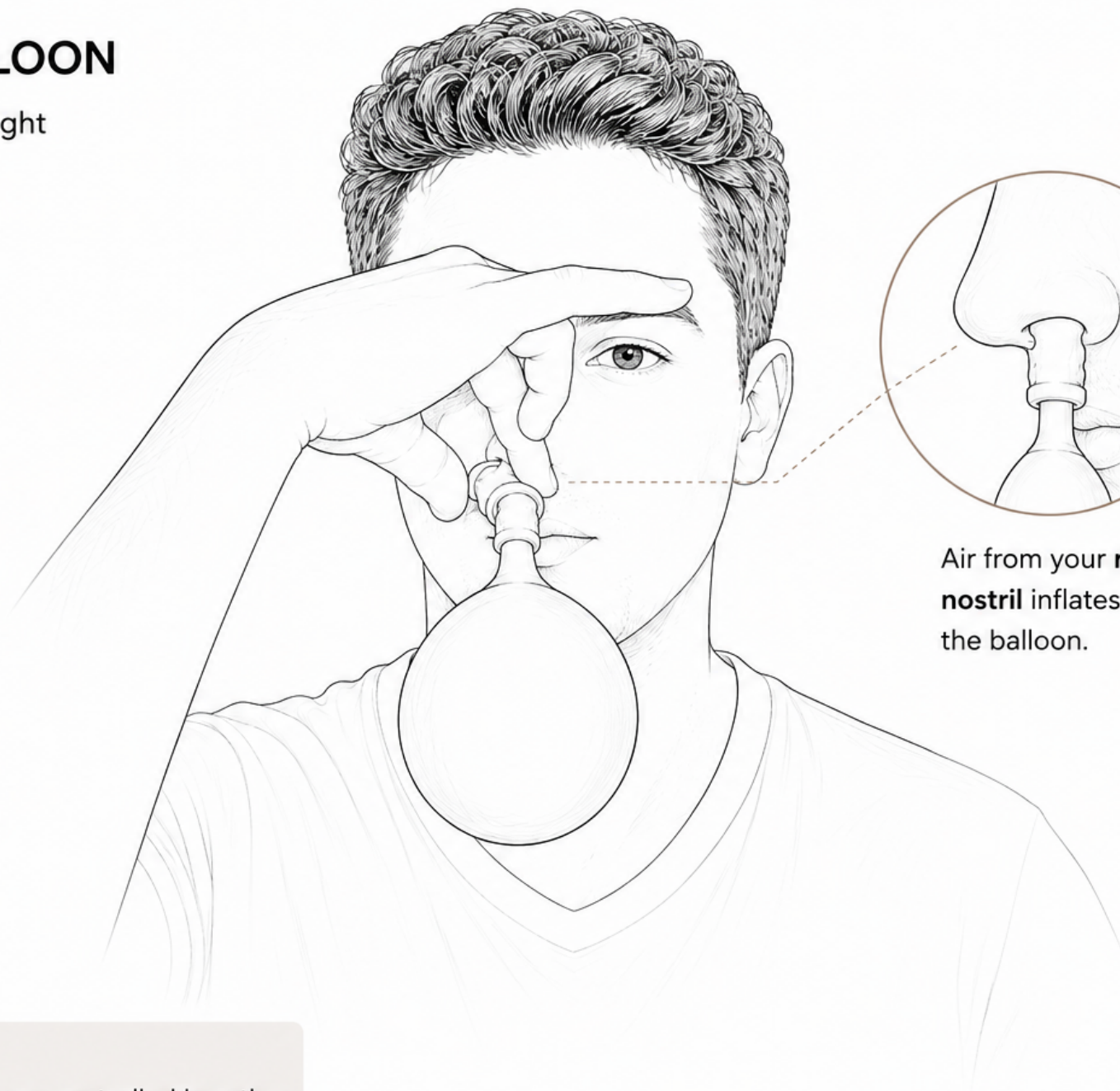
The balloon will inflate.



Keep blowing until fully inflated.



Air from your **right nostril** inflates the balloon.



TIP

Blow slow and steady. Use deep, controlled breaths for best results.

4 REPEAT FOR THE LEFT NOSTRIL

Repeat the same steps for your **left nostril**.



Close your **right nostril** with your **index finger**.



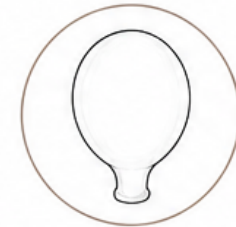
Hold Ventus against your **left nostril** with your **thumb**.



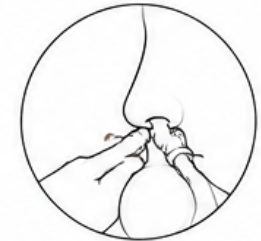
Blow steadily through your **left nostril** to inflate the balloon.

MIRROR THE STEPS

RIGHT NOSTRIL



LEFT NOSTRIL



TIP

Use slow, controlled breaths and keep the device upright for best results.

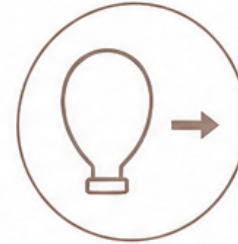
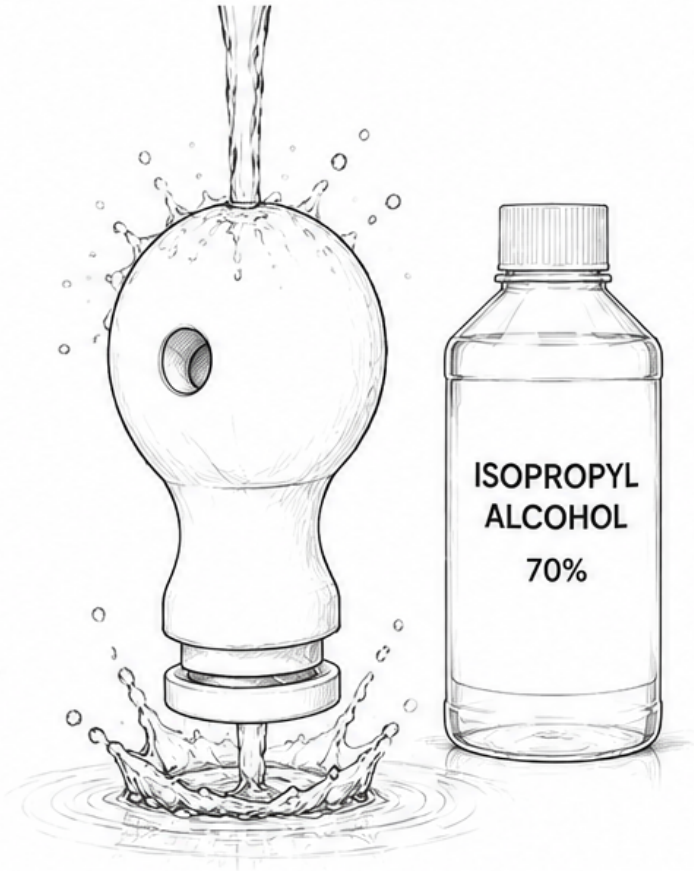
5 CLEAN & REPLACE

Wash the Ventus thoroughly after each use with **warm water** and **isopropyl alcohol**



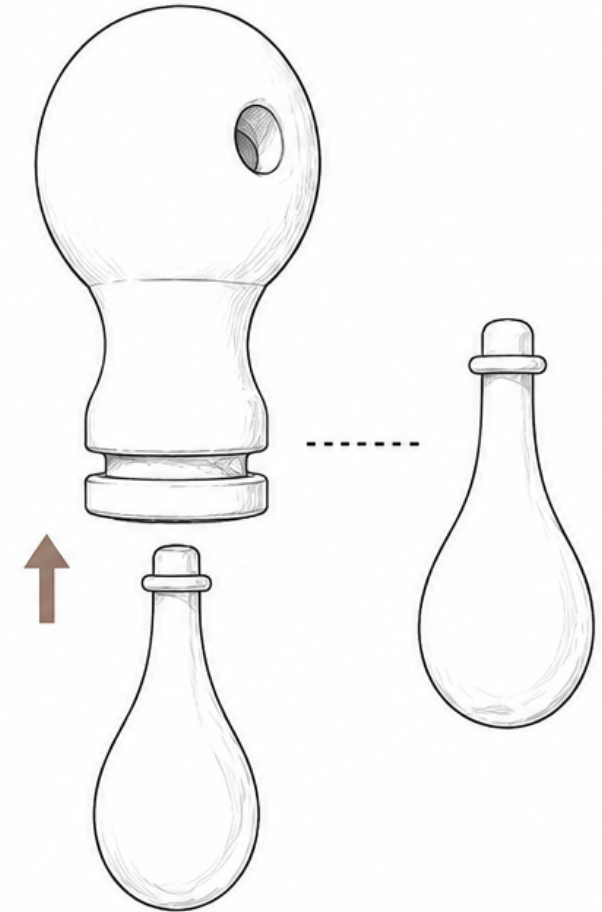
1. WASH

Rinse the Ventus thoroughly with warm water. Then clean with isopropyl alcohol.



2. REPLACE

Replace the balloon with a new one before your next use.



Clean and replace regularly to ensure hygiene, performance, and long-lasting use of your Ventus.

Care & Storage

- Remove and discard the used balloon after each session.
- Rinse Ventus thoroughly with warm water, then clean it with 70% isopropyl alcohol.
- Allow Ventus to dry completely before storage or installing a new balloon.
- Store the clean, dry device away from excessive heat and direct sunlight.
- Inspect Ventus before each use. Do not use it if cracked, damaged, or unable to form a proper seal.